



Conscious Consuming Discussion Series

Directions for Posting your event to Meet Up

1. Go to <http://www.meetup.com>
2. On top menu bar, click on "Start a Meetup"
3. For the topic, enter "Simplicity"
4. Enter the zip code for your Meetup
5. Name it "Conscious Consuming Your City"
6. Under What is your meeting about, enter:

Meet other local people interested in exploring simple living/downshifting/Conscious Consuming. Through our discussions, we'll explore green living, sustainable food systems, buying stuff in line with your values, working less, and how the media shapes our buying decisions.

We might also explore books and films suggested as resources by the volunteers at Conscious Consuming. Visit them on the web at <http://www.consciousconsuming.org> or <http://consciousconsuming.blogspot.com>

7. Decide on your schedule and enter it.
8. Make it a public Meetup.
9. Meetup started charging fees for their services ☹.

If you'd still like to post it, choose how many months you would like the event to post for. You can have a successful discussion series by posting flyers at your local library and coffee shop as well! Your local paper might even print the event in their "calendar listings" free of charge.